



**5<sup>th</sup> Vegas Acro Cup  
Training Schedule  
Tuesday- Thursday, April 12 - 15, 2022**

**VEGAS ACRO CUP**

**Tuesday April 12, 2022**

Stretch	Training	Competition	Teams
	14:00 - 14:30	14:30- 17:30	Oakville
	15:30 - 16:00	16:00 - 18:30	VFL
16:30 - 17:00	17:00 - 18:00	18:00 - 20:00	AGC LV/Technique
Sound system available - Teams need to manage their own music for routines			

**Wednesday, April 13, 2022**

Stretch	Training	Competition	Teams
08:30 - 09:00	09:00 - 10:00	10:00 - 11:00	NOLA/Aspire/Tumble U/SMA
09:30 - 10:00	10:00 - 11:00	11:00 - 12:00	KidsGymClub(PUR)/BC(GER)
10:30 - 11:00	11:00 - 12:00	12:00 - 13:15	Spelthorn(GBR)/Xtreme
11:45 - 12:15	12:15 - 13:15	13:15 - 14:15	EAGC/Kelowana(CAN)
12:45 - 13:15	13:15 - 14:15	14:15 - 15:15	Paramount/VfL(GER) Toronto(CAN)/WSGC
<b>13:30 - 14:30 Head of Delegation Meeting</b>			
13:45 - 14:15	14:15 - 15:15	15:15 - 16:15	Oakville(CAN)
14:45 - 15:15	15:15 - 16:15	16:15 - 17:15	SG(GER)/WCTC/IGC/Bourne
15:45 - 16:15	16:15 - 17:15	17:15 - 18:15	SoCal/C Coast/Technique
<b>16:00 - 17:30 Judge's Accreditation/Meeting</b>			
16:45 - 17:15	17:15 - 18:15	18:15 - 19:15	AGC/Empire/Sirius/MAATT
17:45 - 18:15	18:15 - 19:15	19:15 - 19:45	Acrosport(PUR)/Cal Elite/AE
International Teams: Youth/Levels 5 -10/11-16 1 routine (3 min) 12-18- Seniors 2 routines (6 min)			
USA Teams: Levels 9 -10/11-16 1 routine (3 min) 12-18- Seniors 2 routines (6 min)			
<b>Note: Sizing will take place after each training session.</b>			

**Thursday, April 14, 2022**

Stretch	Training	Competition	Teams
18:15 - 18:30	18:30 - 19:15	19:15 - 20:30	Group 1
19:00 - 19:15	19:15 - 20:30	20:30 - 21:15	Group 2
GR 1: AGC/BC/BG/AGSA/Empire/GymClub/Oakville/SoCal/TECH/SG/VTL/XTR			
GR 2: AE/Aspire/CalElite/C Coast/EAGC/MAATT/Paramount/Realis/Show Me			
Training for 12-18 - Seniors Only. Skills Only, No Routines			