



8th Vegas Acro Cup Training Schedule



VEGAS ACRO CUP

Tuesday, April 1

Stretch	Training	Competition	Teams
	13:00 - 14:00	14:00 - 15:00	Gym Club/TA
	14:00 - 15:00	15:00 - 16:00	Sparta/SXL/Edmonton
	15:00 - 16:00	16:00 - 17:00	Robertson/SMA
	15:30 - 16:30	16:30 - 17:30	Xtreme
	17:00 - 17:30	17:30 - 19:00	AGC

Wednesday, April 2

Stretch	Training	Competition	Teams
08:45 - 09:00	09:00 - 10:00	10:00 - 11:00	Incentive/Adrenalin
09:45 - 10:00	10:00 - 11:00	11:00 - 12:00	Edmonton/Dosir/Sparta
10:45 - 11:00	11:00 - 12:00	12:00 - 13:00	SMA/First State/SXL
11:45 - 12:00	12:00 - 13:00	13:00 - 14:00	AS/EAGC/Gym Club PUR, WCTC
12:45 - 13:00	13:00 - 14:00	14:00 - 15:00	Quebec/Robertson
13:30 - 14:30 Head of Delegation Meeting			
13:45 - 14:00	14:00 - 15:00	15:00 - 16:00	Capital City/Xtreme
14:45 - 15:00	15:00 - 16:00	16:00 - 17:00	WOGA/Empire/MAATT
15:45 - 16:00	16:00 - 17:00	17:00 - 18:00	Sunburst/Technique/So Cal
15:00 - 17:00 Judge's Accreditation/Meeting			
16:45 - 17:00	17:00 - 18:00	18:00 - 19:00	CCoast/AGC
17:45 - 18:00	18:00 - 19:00	19:00 - 20:15	Iflip/Altius/Kelowana/Capital
18:45 - 19:00	19:00 - 20:00	20:15 - 21:15	PTAG/ATA/Aspire
International Teams: Youth/Levels 5 -10/11-16 1 routine (3 min) Youth - Seniors 2 routines (6 min)			
USA Teams: Levels 9 -10/11-16 1 routine (3 min) Youth - Seniors 2 routines (6 min)			
Note: Sizing will take place after each training session.			

Thursday, April 3 2024 -Youth (12-18) 13-19 WG ONLY

Stretch	Training	Competition	Teams
12:45		13:00 - 14:15	Atlius/AGSA/EAGC/Incent/Quebec Robertson/SoCal/Sparta/SXL
18:30	19:20- 20:00	18:45 - 19:20	AGC/ATA/Aspire/MAATT/Xtreme
18:30	18:45 - 19:25	19:20 - 20:00	CalElite/Capital/Empire/iflip/SMA/Tech WCTC/WOGA

Friday, April 4, 2024 - All Seniors, 13-19 Pairs ONLY

Stretch	Training	Competition	Teams
12:45		13:00 - 14:15	All